

COACHING SERVICES



TAILORED COACHING FOR EXECUTIVES, LEADERS, INDIVIDUALS, GROUPS & TEAMS

Our coaching approach takes a holistic lens: blending purpose-driven work with balanced introspection and practical action, all while focusing on the continuous journey of growth to lead to sustainable results.

Coaching is delivered by a network of ICF-certified coaches who have been trained at the most renowned coaching institutes and are certified in all common leadership and personality assessment instruments for individuals and teams.

Our coaches are seasoned enterprise leaders who have firsthand experience navigating the complexities of business.



1:1 COACHING



GROUP AND TEAM COACHING



CEO SUCCESS SUITE

We have proudly served hundreds of clients across F500 companies, innovative startups & the non-profit sector. References available on request.



Purpose Balance Journey

WWW.PBJPEOPLE.COM

PBJ COACHING SOLUTIONS



1:1 COACHING

Our 1:1 coaching is a personalized experience designed to support individual growth and development. Typically structured as a 6-month engagement with bi-weekly sessions, this process follows a tailored coaching plan that aligns with your unique goals and challenges. Through focused conversations, we help you deepen self-awareness, enhance leadership skills, and unlock potential, fostering both professional and personal transformation. Our approach encourages sustainable change by providing actionable insights, accountability, and guidance as you work to achieve your full potential.



TEAM COACHING

An intact team's performance can be elevated through a coaching process that goes beyond facilitation. While team facilitation focuses on guidance on processes and addressing immediate needs, team coaching dives deeper into team dynamics such as trust, collaboration, and accountability. We combine both coaching and facilitation, bringing extensive experience in working with diverse team dynamics. This approach helps teams develop sustainable practices that enhance long-term performance and collective success.



TEAM ASSESSMENTS

Our team performance assessments utilize two proven frameworks: the 6 Team Conditions and the Drexler/Sibbet Team Performance Survey. The 6 Team Conditions model helps teams diagnose their strengths and development areas by focusing on the essential factors that drive success. The Drexler/Sibbet Team Performance Survey offers a comprehensive view of team dynamics, guiding teams through stages of development from forming to performing. Both of these tools provide deep insights into team effectiveness, helping teams unlock higher performance and stronger collaboration.



GROUP COACHING

Experience the transformative impact of a group setting where 6-8 individuals with shared goals or challenges come together over a 3 to 4 month period to learn, grow, and achieve breakthroughs. Group coaching is an ideal solution for leadership development, navigating large-scale organizational change, or practicing specific skills in a collaborative environment. It creates a powerful space for reflection, peer insights, and personal development through the strength of collective wisdom.



CEO SUCCESS SUITE

Our CEO Success Suite is a comprehensive, high-impact solution designed specifically for top executives. This exclusive offering combines Personalized Leadership Coaching, Team Coaching, and Strategic Support tailored to the unique challenges and opportunities faced by senior leaders. Delivered by a dedicated executive coach, the suite draws on PBJ's extensive network of resources, including expert advisors and specialized tools, to address your specific needs. Whether it's refining leadership presence, optimizing team performance, or navigating complex strategic decisions, this program equips CEOs with the insights, accountability, and support necessary to drive sustained organizational success.

MEET OUR LEAD COACHES



Andrew Brush

Andrew is a passionate and deeply curious coach with over 13 years of experience in talent development, coaching, and clinical practice. His expertise in psychology and leadership has guided leaders from Fortune 100 companies and startups across various industries to achieve their development goals. Andrew's whole-person approach focuses on enhancing self-awareness, leveraging inner strengths, and sustaining lasting change. With over 3,000 hours of coaching and clinical experience, he has a proven track record in designing impactful leadership programs and scaling coaching networks, all while prioritizing both personal and professional well-being.



Elisa Johnson

Elisa is a seasoned executive coach with over 25 years of experience in people and culture, global leadership, and executive coaching across diverse industries, including healthcare, tech, and retail. Her coaching approach emphasizes holistic growth, ensuring that clients' development goals and accelerated progress are central to the partnership. Elisa's extensive global experience, having worked in cities like Singapore, Paris, and Tokyo, enriches her coaching with a unique leadership perspective. Passionate about fostering sustainable change, she combines her deep professional expertise with a commitment to nurturing the whole person, guiding leaders through transformative journeys toward lasting impact.



Christine Parcels

Christine is a dedicated coach with a decade of experience in people development, grounded in applied behavioral sciences and a whole-person approach. Certified by the Hudson Institute of Coaching and holding an MSOD from Pepperdine University, she has worked with high-tech Fortune 100 companies, startups, and educational institutions like Stanford. Christine's global experiences, having lived and traveled in over 25 countries, deeply influence her coaching, helping clients deepen self-awareness, enhance leadership capabilities, and navigate complex systems. She specializes in guiding individuals at critical life junctures, helping them realign their values and purpose through high-impact coaching workshops and leadership development.



Bernhard Ries

Bernhard brings over 30 years of experience in the tech sector, with expertise in software engineering, product and brand marketing, business development, and corporate strategy. He has led transformative initiatives, including Intel's "Intel Inside® Program" and Intel's Corporate Strategy Office, where he reported directly to the CEO. Bernhard excels at the intersection of strategy, communications, and organizational development, believing that business success is rooted in strong leadership and sound strategy. An ICF accredited (PCC) and Hudson Certified Coach, Bernhard has received the 2022 ICF PRISM award for coaching excellence and specializes in leveraging diverse cultural insights and leadership skills to drive sustained business performance.