

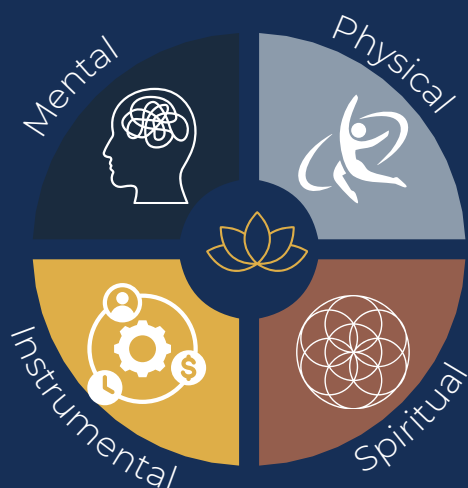
THE LEADER-COACH

A TWO DAY IMMERSIVE WORKSHOP TO UNLOCK YOUR LEADERSHIP POTENTIAL

In today's challenging world, leaders must continuously evolve to stay effective. The Leader-Coach Development Program is a two-day immersive experience designed to help you foster deep self-awareness, drive personal transformation, and develop the skills needed to lead with greater impact. This program empowers you to take a holistic approach to leadership, enabling you to unlock your own potential and that of those around you.

PROFOUND SELF-AWARENESS

Four Pillars of Wellness



APPLIED COACHING SKILLS

Conversation
Structure



Powerful
Questions



Live-Air



LEADERSHIP TRANSFORMATION



Purpose Balance Journey

WWW.PBJPEOPLE.COM

LEADER COACH

PROGRAM OVERVIEW

AGENDA HIGHLIGHTS:

Day 1:

- Introduction to Leader-Coach
- Mental Wellness
- Lunch/Fireside Chat
- Physical Wellness
- Instrumental Wellness

Day 2:

- Spiritual Wellness
- Becoming a Leader-Coach
- Lunch/Fireside Chat
- Coaching Skills & Practices
- Developing a Personal Blueprint & Action Plan



PERSONAL TRANSFORMATION:

Enhance your leadership abilities through proven coaching techniques and continuous self-development. Lead from within and create lasting change.

PRACTICAL FOCUS:

Blend self-awareness practices with practical coaching skills to apply in both your personal and professional life.

FOUR PILLARS OF WELLNESS:

Explore Mental, Physical, Instrumental, and Spiritual wellness, all grounded in research to build a resilient leadership foundation.

COACHING FOR IMPACT:

Develop coaching skills that inspire meaningful change in your relationships, professional, and personal life.

CUSTOMIZED LEARNING:

Engage in large group sessions and small group exercises, with reflections and storytelling for deeper self-awareness.

LUNCHTIME FIRESIDE CHATS:

Join enriching discussions during lunch to explore key topics in a relaxed setting.

EXPERIENTIAL LEARNING ENVIRONMENT

This high-impact learning environment encourages you to embrace vulnerability and reflection. Prepare to experiment, connect deeply with others, and co-create a space that drives your personal growth.

BECOME THE LEADER YOU ASPIRE TO BE

Ready to elevate your leadership? Join the Leader-Coach Development Program and embark on a journey to unlock your full potential and lead with purpose, clarity, and confidence.